



Reach To Recovery®

No one should have to face breast cancer alone.

If you have breast cancer, you may want to connect with someone who knows what you're going through – someone who has “been there.”

The American Cancer Society Reach To Recovery® program connects people facing breast cancer – from diagnosis through survivorship – with trained volunteers who are breast cancer survivors. Our volunteers provide one-on-one support to help those facing breast cancer cope with diagnosis, treatment, side effects, and more.

“ You get lots of information from doctors and nurses, booklets and websites, but it’s not the same as talking with someone who has been through it.

What we bring is hope. Knowing another person who went through this and is now doing well brings them hope. ”

Charity H.,
Survivor & volunteer

Through our website and mobile app, you can create an online profile and match with a volunteer who has experienced a similar type of breast cancer, stage, and treatment.

HOW DOES THE PROGRAM WORK?

To participate, people facing breast cancer follow three easy steps: Join online, Match, and Connect.

1

JOIN ONLINE

Sign up and create an online profile at reach.cancer.org or on the mobile app **ACS Reach**.

2

MATCH

Select the criteria that are important to you and see possible volunteer matches.

3

CONNECT

Connect with a Reach To Recovery volunteer at a time that is convenient for you.

To learn more, **visit reach.cancer.org** or search for **ACS Reach To Recovery** on Google Play or the App Store.

Volunteers do not provide medical advice. Reach To Recovery is a free program.

Visit reach.cancer.org

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